



85 Hartnell Ave, Suite 300
Redding, CA 96002



Uncompromising • Expertise • Compassion

Services Available

Orthopedic/Sports Rehab

Aquatic Rehab

Pre/Post-Operative Rehab

Hand Therapy

Ergonomics & Pre-Employment Testing

Spinal Rehab

Orthotic/Splint Fabrication

Ergonomics

Balance & Training Rehab

Bryan Burch, PT, MS, OCS, SCS

Bryan has over 40 years experience as a physical therapist focusing on orthopedic and sports rehabilitation and has directed and owned Burch Physical Therapy, since 1995. Bryan earned his Bachelor's and Master's degrees in Physical Therapy from the University of Oklahoma and Rocky Mountain University. Bryan holds two board certifications as an Orthopedic Specialist, and Sports Specialist.

Katie Wallace, PT, DPT, Pn1

Katie has practiced physical therapy for over 6 years with experience in neurological, orthopedic, and sports rehabilitation. Katie earned her Bachelors of Science in Psychology and her Doctorate in Physical Therapy from Clarkson University in upstate New York.

Kimberly Wilkes, PT

Kim has practiced physical therapy in a variety of settings for over 39 years, specializing in outpatient orthopedics and sports medicine. She graduated from Northwestern University's Physical Therapy program in 1982, and has worked in Chicago, Denver, Idaho Falls, Las Vegas, and Redding. Her love for orthopedics and sports medicine was heightened when working for the Denver Bronco Sports Medicine Centers for 13 years while in Colorado.

Brianna Mackey, PTA

Brianna is a licensed Physical Therapist Assistant that has been treating for over 2 years emphasizing in orthopedic, sports rehabilitation, and neurological deficits. Brianna received her Associate's Degree of Applied Science - Physical Therapist Assistant from Chippewa Valley Technical College in Eau Claire, WI.

Vanessa Oster, PTA

Vanessa is a licensed Physical Therapist Assistant. She graduated from Sacramento City College's PTA program in 2013. Prior to PT, she worked for over 8 years as a Certified Massage Therapist.

Benjamin Russell, PTA

Ben is a licensed Physical Therapist Assistant, whose background involves athletic training and 6 years experience as a physical therapy tech. Ben received his Bachelor of Science in Kinesiology from California State University Bakersfield, and his Associate Degree of Applied Science for Physical Therapist Assistant at the Institute of Technology Redding campus.

Meet Our Experts